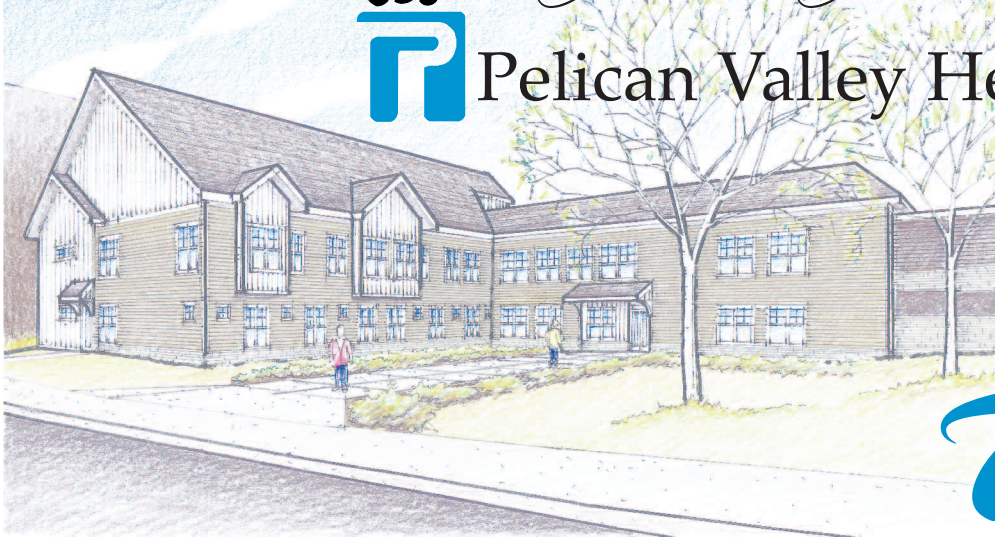


Changing Aging



Pelican Valley Health Center

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Today & Tomorrow

Did you know we provide care formerly provided in a hospital?

Pelican Valley Health Center now provides Post-Acute Care services that until recently were provided exclusively in a hospital setting. Also known as rehabilitation and Transitional Care services, these include Physical, Occupational and Speech Therapies for patients who are recovering from an injury, illness or surgery. In an effort to reduce hospital lengths of stay (reduce cost) the trend is shifting these rehabilitative services to a less costly environment, such as ours. This shift has changed the way Pelican Valley Health Center operates, as this level of care requires more highly trained nursing and rehab personnel, appropriate lifting equipment and rehabilitation equipment. *The real benefit?* Our new rehabilitation patients experience reduced cost (compared to a lengthy hospital stay), increased convenience (closer to home), and the more home-like environment of Pelican Valley Health Center than in a hospital.

Did you know the Tax Levy has decreased \$385,725 since the hospital closure?

Pelican Valley Health Center has proven our commitment to provide comprehensive, high quality healthcare services to the citizens of the Hospital District in a wise and fiscally responsible manner. Our ultimate **GOAL** is to continue to decrease the tax burden on the Hospital District. Since the hospital closed in 1993, we have weaned taxation from \$448,725 to \$90,000 per year. This decrease can be attributed to fiscal improvements and good investments. We are continuing to monitor our finance systems and remain conservative in the decisions we make.

Did you know the hospital district started April 1, 1977?

Pelican Valley Hospital District began on April 1, 1977. The hospital District is in accordance to Minnesota statutes 447.31 to 447.37. These articles state that a hospital district is authorized to be created or reorganized in order to acquire, improve, and run hospital and nursing home facilities that the hospital board decides are necessary and expedient.

The Articles of Incorporation of Pelican Valley Health Center state that we are to “establish, maintain and operate a home or hospital for the purpose of caring for the aged and ministering to their needs. The Association is to receive all sick or disabled or aged persons without regard to sect, creed, color or financial condition and to furnish to such persons the care, sustenance and/or nursing attention required by such persons.”

Did you know other healthcare providers rely on us for their operations?

Pelican Valley Health Center leases building space to Sanford Health, Sanford Home Care, Curves, Organizing Acts of Kindness for Seniors (OAKS), Perham Memorial Chiropractic, R & R Therapeutic Massage and Early Head Start. Our renovations also meet the needs for sustainability, including updates to our heating and cooling systems and increased generator capabilities. As a result of these renovations and additions to our campus, we will be able to retain nearly 100 jobs, provide secure living accommodations for up to 77 residents and contribute to continued economic stability for the community as a whole.

Renovating for the Future of Care

SEPTEMBER 2011



Our Mission

Pelican Valley Health Center exists to provide comprehensive, high quality health care services to the district's citizens in a wise and fiscally responsible manner.



Pelican Valley Health Center

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Pelican Rapids, MN 56572

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Did you know our expansion and renovation meet community needs?

Pelican Valley Health Center plans to add 17 Memory Care Assisted Living suites, increase the number of private rooms in our Care Center, and bring our campus up to the most current standards in long term care and assisted living operations. The need for Memory Care Assisted Living is growing substantially in Otter Tail County and is not currently offered in Pelican Rapids. Our renovations will result in more senior living options and better healthcare services in the community, as well as help the entire district by creating more jobs. The completion of our project will offer essential care that many in our community will eventually need, including an attached clinic, all in one location.

We Value Your Support & Encourage Your Feedback!

Pelican Valley Health Center takes great pride in providing these important services to the community and depends on your continued support.

Feel free to contact us by phone at **218-863-2991**
or, by email at **nathanjohnson@ecumen.org**
Visit our website at **pelicanvalleyhealthcenter.com**
or, write to
The Pelican Press.

Services include:

- **Adult Day Care:** Activities, socialization and nutritious meals provided for seniors during week day hours.
- **Riverfront Manor Assisted Living:** 20 apartments and many services available - nutritious meals, activities, wellness, laundry, attached clinic and more.
- **Future Memory Care Assisted Living:** 17 suites on the second floor of Pelican Valley Health Center. 24 hour safe and secure setting for individuals with Alzheimer's and various dementias. NEW SERVICE, not currently available in Pelican Rapids.
- **Post-Acute Care Wing:** Rehabilitation and Transitional short-term care provided to individuals after an injury, surgery or illness. Physical, occupational and speech therapy services are growing significantly and are now being provided in short-term stay facilities. Our expansion and upgrade will equip us to meet your therapy and health needs.
- **Long-Term Care:** Health services provided to residents who need higher levels of care, provided by highly trained staff 24 hours a day.
- **Hospice Care:** End of life care provided by staff to empower individuals to live up to their fullest potential along their final journey in life.

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SEPTEMBER 2011

